



Summer Menus from Wendy's Kitchen 2014

Week 1	Week 2	Week 3
<p>Monday Lunch Homemade Cheese and Tomato Pasta with seasonal vegetables Vegetarian option: as above Yoghurt and Fruit</p>	<p>Monday Lunch Jacket potato served with tuna and sweetcorn Vegetarian option: served with cheese Arctic Roll</p>	<p>Monday Lunch Salmon nibbles served with croquette potatoes and peas. Vegetarian option: Vegetable fingers Yoghurt and fruit</p>
<p>Monday Tea Beans on Toast Vegetarian option: as above Fresh Fruit Flan</p>	<p>Monday Tea Toasted crumpets Vegetarian option: as above Homemade apple pie or strudel with custard</p>	<p>Monday Tea Chicken sandwiches and carrot sticks Vegetarian option: Cheese sandwiches Banana and custard</p>
<p>Tuesday Lunch Homemade Chicken and Vegetable Pie with creamed potatoes Vegetarian option: as above Home Baked Flapjack</p>	<p>Tuesday Lunch Homemade Shepherd's Pie served with seasonal vegetables Vegetarian option: as above Strawberry Flan</p>	<p>Tuesday Lunch Homemade Savoury mince beef served with a Yorkshire pudding, new potatoes and seasonal vegetables. Vegetarian option: as above Ice cream</p>
<p>Tuesday Tea Ham rolls Vegetarian option: as above Yoghurt and Fruit</p>	<p>Tuesday Tea Homemade Tomato Soup served with brown bread. Vegetarian option: as above Yoghurt and Fruit</p>	<p>Tuesday Tea Beans on toast Vegetarian option: as above Yoghurt and Fruit</p>
<p>Wednesday Lunch Homemade Spaghetti Bolognese accompanied by celery and carrots. Served with Garlic bread. Vegetarian option: as above Home baked banana cake</p>	<p>Wednesday Lunch Homemade Chicken casserole served with roast potatoes. Vegetarian option: as above Yoghurt and fruit</p>	<p>Wednesday Lunch Homemade Sausage pasta bake with seasonal vegetables Vegetarian option: as above Yoghurt and Fruit</p>
<p>Wednesday Tea Cheese and tomato pizza Vegetarian option: as above Yoghurt and Fruit</p>	<p>Wednesday Tea Spaghetti on toast Vegetarian option: as above Ice Cream</p>	<p>Wednesday Tea Tuna and mayonnaise sandwiches with cucumber sticks Vegetarian option: as above Homemade Oat and Sultana Biscuits</p>
<p>Thursday Lunch Homemade Toad in the Hole with sausages. Served with new potatoes and seasonal vegetables Vegetarian option: as above Swiss Roll</p>	<p>Thursday Lunch Homemade Pork or Turkey Meat balls in Homemade tomato sauce on a bed of spaghetti. Served with seasonal vegetables. Vegetarian option: as above Homemade carrot cake</p>	<p>Thursday Lunch Jacket Potato with Cheese and Beans Vegetarian option: as above Swiss Roll</p>
<p>Thursday Tea Homemade Vegetable Soup served with brown bread. Vegetarian option: as above Ice Cream</p>	<p>Thursday Tea Cheese wraps and cucumber sticks Vegetarian option: as above Yoghurt and Fruit</p>	<p>Thursday Tea Ham pasta salad served with bread sticks Vegetarian option: as above Sponge and custard</p>
<p>Friday Lunch Homemade Tuna Fish Pie served with sweetcorn. Vegetarian option: as above Yoghurt and Fruit</p>	<p>Friday Lunch Homemade Chilli con Carne served on a bed of rice. Vegetarian option: as above Yoghurt and Fruit</p>	<p>Friday Lunch Homemade Chicken lasagne served with seasonal vegetables. Vegetarian option: as above Fruit Flan</p>
<p>Friday Tea Spaghetti served with pitta bread fingers Vegetarian option: as above Sponge and Custard</p>	<p>Friday Tea Cheese and tomato pizza Vegetarian option: as above Swiss roll</p>	<p>Friday Tea Scotch pancakes, malt loaf with a choice of jam, honey or cheese. Vegetarian option: as above Yoghurt and Fruit</p>