



Summer Menus from Elaine's Kitchen 2018 (April to October)

Week 1	Week 2	Week 3
<p>Monday Lunch Homemade Cheese and Tomato Pasta with mix vegetables Vegetarian option: as above Yoghurt and Fruit</p>	<p>Monday Lunch H/made Fish fingers, Potato croquets, garden peas, Parsley Sauce Vegetarian option: Vegetable fingers Arctic Roll</p>	<p>Monday Lunch Chicken Bites, with orange sauce & fruity couscous & peas Vegetarian option: with Quorn chicken Yoghurt and Fruit</p>
<p>Monday Tea Beans on Toast Vegetarian option: as above Fresh Fruit Flan</p>	<p>Monday Tea Toasted crumpets Vegetarian option: as above Homemade oat and sultana Biscuit</p>	<p>Monday Tea Hot dog with real sausages Vegetarian option: quorn sausage Banana Sponge and custard</p>
<p>Tuesday Lunch Homemade Chicken Curry with peas and sweetcorn rice and garlic & coriander naan bread Vegetarian option: Homemade Quorn chicken curry Home Baked Flapjack</p>	<p>Tuesday Lunch Homemade Cottage Pie served with vegetables Vegetarian option: Homemade Quorn Pie Orange Jelly and Mandarin oranges</p>	<p>Tuesday Lunch Homemade Savoury mince beef served with a Yorkshire pudding, new potatoes and vegetables. Vegetarian option: Homemade Quorn mince Ice cream</p>
<p>Tuesday Tea Ham rolls Vegetarian option: Cheese rolls Yoghurt and Fruit</p>	<p>Tuesday Tea Cheese and tomato pizza Vegetarian option: as above Yoghurt and Fruit</p>	<p>Tuesday Tea Ham Pasta Salad and Breadsticks Vegetarian option: Vegetable pasta salad Yoghurt and Fruit</p>
<p>Wednesday Lunch Homemade Tuna Fish Pie served with sweetcorn Vegetarian option: Homemade Vegetable Pie with cheese topping Yoghurt and Fruit</p>	<p>Wednesday Lunch Homemade Chicken & Mix Veg Pie with pastry crust, Mashed Potato and Gravy Vegetarian option: Quorn Chicken Pie Yoghurt and fruit</p>	<p>Wednesday Lunch Jacket Potato with Cheese and Beans Vegetarian option: as above Yoghurt and Fruit</p>
<p>Wednesday Tea Toasted Tea Cake and Jam Vegetarian option: as above Homemade Carrot Cake</p>	<p>Wednesday Tea Scotch Pancakes, Malt Loaf choice of toppings Vegetarian option: as above Iced Milk Lolly</p>	<p>Wednesday Tea Egg and Cress Sandwiches Vegetarian option: as above Sponge and custard</p>
<p>Thursday Lunch Homemade Spaghetti Bolognese with Celery and carrots. Garlic Bread Vegetarian option: Quorn Bolognese Ice Cream</p>	<p>Thursday Lunch Homemade Lamb Patties, New Potatoes Cauliflower Cheese Vegetarian option: Quorn Sausage Homemade Lemon Drizzle Cake</p>	<p>Thursday Lunch Salmon strips served with croquettes, sweetcorn & Parsley Sauce Vegetarian option: Vegetable fingers Fresh Fruit Flan</p>
<p>Thursday Tea Homemade Vegetable Soup served with brown bread. Vegetarian option: as above Digestive biscuit with cream cheese</p>	<p>Thursday Tea Cheese Wraps and carrot sticks Vegetarian option: as above Mix Fruit Trifle and cream</p>	<p>Thursday Tea Homemade Tomato soup & bread Vegetarian option: as above Homemade Gingerbread Man</p>
<p>Friday Lunch Homemade Toad in the Hole with sausages. Served with new potatoes and seasonal vegetables Vegetarian option: Quorn Sausages Yoghurt and Fruit</p>	<p>Friday Lunch Homemade Macaroni Cheese with sweetcorn and peas Vegetarian option: as above Yoghurt and Fruit</p>	<p>Friday Lunch Homemade sausage lasagne served with seasonal vegetables. Vegetarian option: Quorn sausage Swiss Roll</p>
<p>Friday Tea Spaghetti served with pitta bread fingers Vegetarian option: as above Pineapple Sponge and Custard</p>	<p>Friday Tea Hash Brown and Beans Vegetarian option: as above Summer Fruit crumble and Custard</p>	<p>Friday Tea Tuna and Mayonnaise sandwiches cucumber sticks Vegetarian option: cheese sandwiches Yoghurt and Fruit</p>

